



THE AGENCY FOR PUBLIC INFORMATION

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PAPAYA LEAF TO TREAT DENGUE

Infectious Disease Specialist Dr Jose Davy is recommending the use of the papaya leaf to treat dengue.

Dengue Fever is known to decrease one's blood platelets, which are needed to prevent or stop bleeding.

Dr Davy said the papaya leaf has been scientifically proven to elevate one's blood platelets thus combatting the impacts of dengue and can either be boiled or blended.

She recommends two (2) tea spoons twice a day for adults and one (1) tea spoon twice a day for children. She said this should be followed for just two to three days.

The specialist said people who contract dengue should not take ibuprofen, aspirin or any of the non-steroidal analgesics as they can increase the chance of internal bleeding.

Dr. Davy recommends pain and fever reducers such Tylenol and Paracetamol. The infectious disease specialist also recommends that people who have dengue should seek professional help if they need a stronger pain medication.

The Ministry of Health continues to encourage Vincentians to take the necessary precautions to reduce the breeding and spread of the Aedes Egypti mosquito, the vector for Dengue.

In the meantime, the Ministry has ramped up its response measures to reduce the spread and breeding of mosquitoes including additional source reduction measures and increase fogging throughout the country.

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